



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage including your plan's Plan document, visit www.deltahealthsystems.com or call 1-800-291-0726. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.deltahealthsystems.com or www.cciio.cms.gov or call 1-800-291-0726 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network <u>Provider</u> per plan year: \$500/individual; \$1,500/family. Non-network <u>Provider</u> per plan year: \$1,500/individual; \$3,000/family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family member on the <u>plan</u> , the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> performed by in-network <u>providers</u> , and outpatient <u>prescription drugs</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this plan covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the out-of-pocket limit for this plan?	In-Network <u>Provider</u> : \$5,000/individual; \$10,000/family per plan year. The <u>out-of-pocket limit</u> on outpatient drugs per plan year is \$1,600/individual; \$3,200/family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family member in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the out-of-pocket limit?	<u>Premiums</u> , <u>balance billing</u> charges, health care this <u>plan</u> doesn't cover, outpatient retail/mail order drug expenses (which have a separate <u>out-of-pocket limit</u>), and out-of-network <u>deductibles</u> , <u>copayments</u> and <u>coinsurance</u> except an emergency room visit in cases of an emergency.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.anthem.com/ca or call 1-800-274-7767 for a list of participating in- <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		<u>Network Provider</u> (You will pay the least)	<u>Out-of-Network Provider</u> (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	20% <u>coinsurance</u> .	50% <u>coinsurance</u> .	None
	<u>Specialist</u> visit	20% <u>coinsurance</u> .	50% <u>coinsurance</u> .	None
	<u>Preventive care/screening/immunization</u>	No charge. <u>Deductible</u> does not apply.	50% <u>coinsurance</u> .	<u>Plan</u> covers <u>preventive services</u> and supplies required by the Health Reform law. Details at: https://www.healthcare.gov/what-are-my-preventive-care-benefits/ . Age and frequency guidelines apply to covered <u>preventive care</u> . You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% <u>coinsurance</u> .	50% <u>coinsurance</u> .	None
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u> .	50% <u>coinsurance</u> .	None

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.caremark.com or call 1-888-895-2557.	Generic drugs	Retail Pharmacy for 30-day supply: \$10 <u>copayment</u> /prescription; Mail Order for 90-day supply: \$20 <u>copayment</u> /prescription. <u>Deductible</u> does not apply. No charge for FDA-approved generic contraceptives.	Not covered.	<ul style="list-style-type: none"> You pay the lesser of the <u>copayment</u> or the drug cost. Some prescriptions are subject to <u>preauthorization</u> to avoid non-payment. Certain over-the-counter (OTC) drugs are payable at no charge with a prescription, in compliance with Health Reform. Mail Order is required for maintenance medications after the first fill at a retail pharmacy.
	Preferred brand drugs	Retail Pharmacy for 30-day supply: \$35 <u>copayment</u> /prescription; Mail Order for 90-day supply: \$70 <u>copayment</u> /prescription. <u>Deductible</u> does not apply. No charge for FDA-approved brand name contraceptives if a generic is medically inappropriate.	Not covered.	
	Non-preferred brand drugs	Retail Pharmacy for 30-day supply: 50% <u>coinsurance</u> . Mail Order for 90-day supply: 50% <u>coinsurance</u> . <u>Deductible</u> does not apply.	Not covered.	
	<u>Specialty drugs</u>	Up to a 30-day supply, you pay the same amount as listed under Retail Pharmacy in the rows above. <u>Deductible</u> does not apply.	Not covered.	<u>Specialty drugs</u> require <u>preauthorization</u> (to avoid non-payment) by calling Caremark at 1-866-387-2573.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u> .	50% <u>coinsurance</u> .	<u>Preauthorization</u> of outpatient surgery is required to avoid non-payment of expenses.
	Physician/surgeon fees	20% <u>coinsurance</u> .	50% <u>coinsurance</u> .	<u>Preauthorization</u> of outpatient surgery is required to avoid non-payment of expenses.
If you need immediate medical attention	<u>Emergency room care</u>	20% <u>coinsurance</u> .	20% <u>coinsurance</u> .	<u>Coinsurance</u> increases to 50% if ER was used in a non-emergency situation. Physician/ <u>provider's</u> professional fees may be billed separately.
	<u>Emergency medical transportation</u>	20% <u>coinsurance</u> .	50% <u>coinsurance</u> .	None
	<u>Urgent care</u>	20% <u>coinsurance</u> .	50% <u>coinsurance</u> .	None

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$75 <u>copayment</u> per admission plus you pay 20% <u>coinsurance</u> .	\$200 <u>copayment</u> per admission plus you pay 20% <u>coinsurance</u> .	<u>Preauthorization</u> of elective hospital admission is required to avoid non-payment of expenses. Private room is covered only if <u>medically necessary</u> or the hospital only has private rooms.
	Physician/surgeon fees	20% <u>coinsurance</u> .	50% <u>coinsurance</u> .	<u>Preauthorization</u> of elective hospital admission is required to avoid non-payment of expenses.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	20% <u>coinsurance</u> .	50% <u>coinsurance</u> .	<u>Plan</u> covers up to three EAP visits (at no charge) through Integrated Behavioral Health at (800) 395-1616.
	Inpatient services	\$75 <u>copayment</u> per admission plus you pay 20% <u>coinsurance</u> .	\$200 <u>copayment</u> per admission plus you pay 20% <u>coinsurance</u> .	<u>Preauthorization</u> of elective admission is required to avoid non-payment of expenses.
If you are pregnant	Office visits	20% <u>coinsurance</u> .	50% <u>coinsurance</u> .	<ul style="list-style-type: none"> • <u>Cost sharing</u> does not apply for <u>preventive services</u>. • Depending on the type of services, a <u>copayment</u>, <u>coinsurance</u> or <u>deductible</u> may apply. • Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). • Prenatal care (other than ACA-required preventive screening) is not covered for dependent children. Delivery expenses are not covered for dependent children. • <u>Preauthorization</u> is required to avoid non-payment of expenses only if hospital stay is longer than 48 hours for vaginal delivery or 96 hours for C-section.
	Childbirth delivery professional services	20% <u>coinsurance</u> .	50% <u>coinsurance</u> .	
	Childbirth delivery facility services	\$75 <u>copayment</u> per admission plus you pay 20% <u>coinsurance</u> .	\$200 <u>copayment</u> per admission plus you pay 50% <u>coinsurance</u> .	
If you need help recovering or have other special health needs	<u>Home health care</u>	20% <u>coinsurance</u> .	Not covered.	None
	<u>Rehabilitation services</u>	20% <u>coinsurance</u> .	50% <u>coinsurance</u> .	<u>Preauthorization</u> of outpatient physical, occupational and speech therapy is required to avoid non-payment of expenses.
	<u>Habilitation services</u>	20% <u>coinsurance</u> .	50% <u>coinsurance</u> .	Covered for speech therapy. <u>Preauthorization</u> of speech therapy is required to avoid non-payment of expenses.
	<u>Skilled nursing care</u>	\$75 <u>copayment</u> per admission plus you pay 20% <u>coinsurance</u> .	\$200 <u>copayment</u> per admission plus you pay 50% <u>coinsurance</u> .	Payable only if transferred directly from a covered inpatient stay.
	<u>Durable medical equipment</u>	20% <u>coinsurance</u> .	50% <u>coinsurance</u> .	No charge from in-network providers for breastfeeding pump & supplies needed to operate the pump.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	<u>Hospice services</u>	20% <u>coinsurance</u> .	Not covered.	<u>Preauthorization</u> of hospice is required to avoid non-payment of expenses.
If your child needs dental or eye care	Children's eye exam	Your cost depends on the separate vision <u>plan</u> you select.	Not covered.	If you elect vision coverage, it will be available under a separate vision <u>plan</u> .
	Children's glasses	Your cost depends on the separate vision <u>plan</u> you select.	Not covered.	If you elect vision coverage, it will be available under a separate vision <u>plan</u> .
	Children's dental check-up	Your cost depends on the separate dental <u>plan</u> you select.	Not covered.	If you elect dental coverage, it will be available under a separate dental <u>plan</u> .

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u> .)			
<ul style="list-style-type: none"> Cosmetic surgery Hearing aids 	<ul style="list-style-type: none"> Long-term care Non-emergency care when traveling outside the U.S. Private-duty nursing 	<ul style="list-style-type: none"> Weight loss programs (except as required by health reform law) 	

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)			
<ul style="list-style-type: none"> Acupuncture Bariatric Surgery (when necessary due to life-threatening conditions resulting from morbid obesity) Chiropractic care 	<ul style="list-style-type: none"> Dental care (Adult) (Child) if you elect the separate Dental <u>plan</u> Infertility treatment (includes physician services, diagnostic tests, medication, surgery, and gamete intrafallopian transfer) 	<ul style="list-style-type: none"> Routine eye care (Adult) (Child) and eyeglasses if you elect the separate Vision <u>plan</u> Routine foot care (payable when treating diabetic or peripheral vascular insufficiency affecting the feet) 	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim appeal or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the Medical Plan Claims Administrator **Delta Health Systems** or call **1-800-291-0726**. Additionally, a consumer assistance program can help you file your appeal. Contact (888) 466-2219 in California. This website lists states with a Consumer Assistance Program: <https://www.cms.gov/cciio/resources/consumer-assistance-grants/>.

Does this plan provide Minimum Essential Coverage? **Yes.** If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? **Yes.** If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-291-0726.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-291-0726.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-291-0726.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*—————

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
■ <u>Specialist</u> <u>coinsurance</u>	20%
■ Hospital (facility) <u>copayment</u> & <u>coinsurance</u>	\$75 <u>copayment</u> + 20%
■ Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

Total Example Cost	\$12,800
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In this example, Peg would pay:

<u>Cost sharing</u>	
<u>Deductibles</u>	\$500
<u>Copayments</u>	\$260
<u>Coinsurance</u>	\$1,830
<u>What isn't covered</u>	
Limits or exclusions	\$10
The total Peg would pay is	\$2,600

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
■ <u>Specialist</u> <u>coinsurance</u>	20%
■ Hospital (facility) <u>copayment</u> & <u>coinsurance</u>	\$75 <u>copayment</u> + 20%
■ Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

Total Example Cost	\$7,400
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In this example, Joe would pay:

<u>Cost sharing</u>	
<u>Deductibles</u>	\$500
<u>Copayments</u>	\$1,070
<u>Coinsurance</u>	\$120
<u>What isn't covered</u>	
Limits or exclusions	\$60
The total Joe would pay is	\$1,750

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
■ <u>Specialist</u> <u>coinsurance</u>	20%
■ Hospital (facility) <u>coinsurance</u>	20%
■ Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

Total Example Cost	\$1,900
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In this example, Mia would pay:

<u>Cost sharing</u>	
<u>Deductibles</u>	\$500
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$290
<u>What isn't covered</u>	
Limits or exclusions	\$0
The total Mia would pay is	\$790

Keep in mind that this medical Plan includes a Health Reimbursement Arrangement (HRA). If you have available funds in your HRA, you may be reimbursed for certain eligible out-of-pocket costs as well as for certain types of medical expenses you incur that may not be covered by the medical Plan.

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